

# SoulCollage®

## in the North Woods

### Weekend Artist Retreat

Explore creativity through meditation and connection to the North Woods. Basic techniques will be taught to people who have not yet experienced the SoulCollage® process.

## October 7-9, 2011

Register now (form attached). ~ limit of 14 people



### Spotted Eagle Lodge

Enhance individual growth in a relaxed, spiritual setting at Spotted Eagle Lodge near Grand Rapids Minnesota. The lodge includes the main house with kitchen, two bathrooms and fireplace and four sleeping cabins.

This weekend will be co-facilitated by Joan Ungar and Kathleen Grittner. \$225 includes workshop, two nights lodging; 2 breakfasts. We will send you a sign-up sheet to contribute to a lunch or dinner. Canoes and a wood-heated sauna available.

Arrive between 4 to 7 p.m. on Friday and leave after lunch on Sunday

For further information email Joan at: [jungar@pcspeed.com](mailto:jungar@pcspeed.com) or Kathleen at: [Kathleen@FullCircleRetreat.com](mailto:Kathleen@FullCircleRetreat.com).